



Day 4: Dua

Bismillah

Dua is the weapon of the believer – there is power and beauty in Dua!

Make dua for yourselves, your families and the entire Ummah!

Make dua in your own mother tongue. Allah knows your language so speak to Him with and from all your heart. The spiritual connection you will have (or are already having with your dua making) will be intense, deep and truly meaningful. You feel me on this?

These ten days are perfect for duas as well as the Day of Arafah (especially for those out for Hajj).

And our Day 2 challenge was about fasting so if you are fasting then just before you break your fast at iftaari take 5 minutes and make dua as the duas at this time for a fasting person are accepted.

We underestimate the power of dua. Duas needs ikhlas - our sincerity.

At each point ask Allah (swt) to purify your ikhlas and niyyah (intention) in everything you do.

Allah will put barakah in all that you do.

Remember though, Allah does not need us – we need Him!

What are we asking for? Why do we want it? Do we really need it?

Dua is not a one-off 'thing' but rather a continuous form of ibaadah - it needs our patience and firm imaan that our dua will be answered or Allah (swt) will surely answer our duas in the manner that best suits us as individuals (we may think that something is good for us, but Allah has something better in store for us!)

And our Lord said, "Call on Me; I Will respond to your (invocation)..."(Q40:60)

Allah is waiting for us to ask of Him.

This is the most important call you can make right now.



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Action Points:

- a) Dua Goal - which duas are you going to learn and memorize? Remember we need to continue it throughout the year insha'Allah and not just during this 10 day challenge.
- b) Daily Adhakaar - purchase 'al-mathurat' if you don't already have a copy - as it has the daily duas which we need to recite.
- c) Did you write a Ramadan Dua List? If you did then pull it out now and get Dua'ing. If not then it is not too late (it's never too until we breathe out last). Write a list of all the duas - all that you want for your deen and duniyah and concentrate on each dua and then just go ask Allah!
- d) Learn: the ways in which we should make duas, the manner in which we should make duas and the times we can/should make duas.
- e) Get the book by Sheikh Yasir Qadhi called; 'Dua – Weapon of the Believer'. This book is absolutely awesome as it has the chapters on the manners of dua making, times duas are accepted, conditions etc. So if you haven't already please get it now as it will help you. We are making duas throughout our lives – this is the right time now to get the book and learn insha'Allah.
- f) Get your family and friends involved and memorise duas together.
- g) Bonus - memorize the dua in Arabic from Surah Baqarah - "Our Lord, Grant us good in this World and good in the Hereafter, and save us from the punishment of the fire".

*** Remember - Dua is the Weapon of the Believer...
...are YOU fully protected?***