



Day 6: Welcome & Instructions

Bismillah

As'salaamu alaykum

We are in Day 6 - are you keeping up?

Good, good! 😊

Remember, we are a work in progress - even if you take one small step you are on your way to an increased imaan and positivity.

Together we will complete the challenge and remember that this challenge, although for these 10 days, is supposed to create a new lifelong habit for us - beyond the ten days insha'Allah.

Are you also still applying the lessons from day 1 to 5?

Are you doing this challenge alone or with family and loved ones?

I would love to hear from you - please do email me your 'Feedback Homework' as I will be able to mentor and coach you through your challenges insha'Allah.

Remember, every little counts and Allah is not looking at the quantity but the quality of our efforts, our intention and our sincerity!

YOU are Awesome!

Go on now your lesson for today is awaiting you - **Day 6 Challenge - Young Souls**