



Day 1: Welcome & Instructions

Bismillah

As'salaamu alaykum

Mabrook and Welcome to We Be Inspired's '10 Day Challenge'.

I want to congratulate you for accepting the invitation.

This is an awesome initiative that was inspired by my friend who posted a link about Dhul-Hijjah on Facebook.

Instantaneously I thought of you and decided that I was going to launch this for you and to help you Super-Charge your emaan.

You know, 'We Be Inspired' is all about Islamic Personal and Spiritual development and I knew that Allah blessed me to launch this to help you and at the same time I'm also taking on this challenge with you and learning!

The challenge is that you read through your daily lessons and actively implement it either immediately (i.e. put some money in the charity box) or grab your journal (you do have one right? Just a pretty A5 notebook will do) and favourite pen (coz that'll just make you want to do the work) plan out your challenge and implement it.

You can do this challenge on your own or with your family and friends.

Once you have planned your challenge and implemented it I want you to jot down your feelings and emotions in your notebook journal and then I want you to email me onwebeinspired@selfaware.com

Yes, every single day!

I'm expecting you to email me.

Why? Well - how else will I know you have implemented your challenge and how else will you make those positive changes in your life and super-charge your emaan?



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That's exactly why it is called a 'Challenge' and I know you will stick with this challenge as you want that emaan-boost long term as well as strengthen your relationship with Allah.

You've taken this step and now Allah will help you through it! :)

Right that said here is the format for the next 10 days insha'Allah.

- Day 1: Spiritual Retreat
- Day 2: Fasting and the Furious
- Day 3: Dhikr/Tasbee
- Day 4: Dua
- Day 5: Salah & Qur'an
- Day 6: Young Souls
- Day 7: Charity
- Day 8: Our Creator
- Day 9: Deen & Duniya
- Day 10: Productive Ummah

As you can see from the challenges above they are a mixture of individual challenges and collective challenges (for and with your family and community) just as we Muslims should be!

They are also taken from the 'Last 10 Inspirations' eBook which I wrote for the last ten nights of Ramadan.

Let's make it like Ramadan again insha'Allah AND try out utmost to continue it throughout the year!

Take a deep breath - hold - release.

Begin Day 1 Challenge now - Bismillah ☺